



# Office of Sustainability

## Food Pantry Donation List

We encourage donations that can be easily prepared with limited resources.

### Bread, Pasta, and Cereals

- Whole Wheat/Grain Bread
- Complete Pancake Mix & syrups
- Oats/Instant Oatmeal
- Pre-cooked Rice
- Pasta/Pasta Sauce
- Macaroni & Cheese
- Shelf-Stable Meals (Hormel Compleats)
- Cereal
- Baking Mixes

### Canned/Boxed Goods

- Hearty Soups
- Chili
- Canned Vegetables
- Canned Beans
- Canned Chicken/Tuna
- Canned/Cups of Fruit
- Instant Potatoes
- Peanut Butter
- Jelly

### Snacks & Miscellaneous

- Pudding Cups
- Boxed Crackers
- Dried Fruit
- Granola Bars
- Applesauce
- Trail Mix/Nuts
- Popcorn
- Pop Tarts
- Chips
- Cookies

### Drinks

- Coffee
- Shelf Stable Milk
- 100% Fruit Juice
- Capri Suns/Juice Boxes
- Vegetable Juice
- Powdered Milk

### Toiletries

- Toothbrushes/Paste
- Shampoo/Conditioner
- Body Wash/Soap
- Deodorant
- Menstrual Products
- Disposable Razors

Please no canned Chicken Noodle Soup, Green or Other Beans, or Mixed Vegetables at this time.

Contact [leslie.north@wku.edu](mailto:leslie.north@wku.edu) for more information